



What to Pack For Your Tour

- PASSPORT** - This is the one item you must not forget, secured in a **passport pouch or money belt**
- ATM and/or credit cards** - see *Money* section for more information
- Travel insurance policy information** if purchased
- Personal care items** (shampoo, lotion, toothpaste, etc.)
- Digital thermometer**
- Washcloth** (not provided at hotels) - not optional!
- Masks/face coverings that cover nose & mouth** - at least 3-4 washable masks & plan to wash them out at night
- Hand sanitizer** - have a small bottle in your carry-on bag and a larger supply in your checked luggage
- Disinfecting wipes** - plan to wipe down surfaces on planes, busses, and hotel rooms
- Travel alarm clock, watch, or electronic device** (with alarm & clock) - turn off cellular data!
- Wired ear buds/headphones** - use with in-flight entertainment system and/or personal audio guides, if applicable
- Sunglasses, hat, sunscreen, aloe vera and insect repellent**, if applicable
- Small backpack** - best used as your carry-on!
- Pre-packaged healthy snacks***- no produce
- Camera*** marked with your name & extra memory cards, or plan to use your smartphone for all pictures
- Extra batteries** and/or **charging cord** for electronics
- Zip-close bags** (handy for wet clothes & towels, shampoo bottles, etc.)
- Laundry detergent*** - small amount for hand washing clothes; some shampoos work well too
- Prescription and/or over-the-counter medications** you may need (pain relievers, antacids, Dramamine, etc.) All medication must be in its original container.
- Pens and/or pencils and a journal** - you'll want to use your own pen when signing credit card receipts
- Converter and/or adapter plug** for anything electric (most hotels have hair dryers in the room)
- Playing cards, travel games, 1 or 2 books, magazines***
- Swimsuit*** - there may be limited opportunities to swim either during free time or if your hotel has a pool (rare)
- Socks & underwear** - enough for each day of the tour, unless you plan on hand washing
- 2-3 pairs of pants/jeans and/or shorts** - no holes or tears, plan to wear each pair several times
- 4-5 shirts** - plan on wearing each more than once
- 1 lightweight sweatshirt, sweater, jacket or coat**, depending on the climate of your destination
- Umbrella** (travel size) **or rain jacket**
- 2 pairs of (broken-in) shoes** suitable for walking (1 pair should be closed-toe)

* = optional

Clothing

You should pack enough clothes to last *at least* a week. It may be difficult, but it is usually possible to wash some items in the evenings. You'll be doing considerable walking every day, so you should have a good pair of walking shoes along. Be sure that all shoes are broken in prior to departure. New shoes = blisters!

What to Pack For Your Tour (continued)

What NOT to bring:

- X **Anything you would be devastated to lose**
- X **Jewelry**, including expensive watches
- X **Sweets or soda** - can attract insects and other unwanted pests.
- X **Overly patriotic clothing**
- X **Offensive clothing**
- X **Bulky sweatshirts** - bring a lightweight jacket unless you are traveling during cooler seasons
- X **Selfie Stick** - many museums don't allow them and it may make you a target for pickpockets

Notes about Packing for the Return Flight

- Seeds, plants and produce may not be brought back into the United States. If a US Customs agent finds them, they will be confiscated.
- If you have purchased a pocket knife, Swisscard, sword, letter opener or any other sharp object, it must be packed in your checked luggage.
- Liquids, gels and aerosols in containers larger than 3 ounces must be packed in your checked luggage. Larger quantities of hand sanitizer may be permitted. Check TSA website for more information.